

# CHRISTMAS ADVENT CALENDAR 2017



**1** Open and hold the door for someone

**2** Write an encouraging comment to someone online

**3** 1st Sunday of Advent: Light a candle and pray for someone in need

**4** Say "thank you" at least five times

**5** Ask someone how they are feeling

**6** Find something that you can donate to a good cause

**7** Listen to someone tell you something and let an entire conversation be completely about the person who is in front of you

**8** Let someone pass you in the queue

**9** Give someone a gingerbread cookie

**10** 2st Sunday of Advent. Read something about the deeds of the Nobel Prize Laureates

**11** Tell someone what you admire about him/her

**12** Write "do not forget that you are precious" in a note and leave it in a visible place

**13** Lucia: Think about how you can light up the darkness for children in need

**14** Send a Christmas card to someone who is alone

**15** Try to appreciate things you take for granted

**16** Contact someone you haven't talked to in a long time

**17** 3rd Sunday of Advent: Send three text messages filled with love

**18** Pray for people who are forced to flee from war

**21** Try a vegetarian meal

**19** Ride a bike, walk or take the bus instead of the car

**20** Pick up some trash from the ground and throw it in a trash can

**22** Be patient, don't stress

**23** Leave a Christmas gift, if possible homemade, in a public place with a note "Enjoy"

**24** 4th Sunday in Advent: Enjoy the miracle of Christmas and remember a child can change the world!